

Beat the Heat in New Orleans with a Snothee

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in FOOD



Sno Wizard is magical. It's like Disney Land on Magazine Street. But better.

Very few things can rescue the desperate, sweltering citizens of New Orleans from this heat. I'm [new to New Orleans](#), it's my first summer. I'm fishing for some heat reprieve.

Air conditioning? Not just regular AC. I'm talking standing directly over the vent (if you're lucky) or directly facing a window unit.

Cold showers? But you can only take so many before your skin starts to suffer and you spend a fortune on shampoo.

Swimming? Even if you have a pool, it likely feels like warm bath water. Nothing worse than swimming in water that's warm to the touch. They call that a hot tub, and you should sit. Sit. Not swim.

I figured nothing would make me forget about this heat. And then I was formally introduced to [Sno Wizard](#) by a born-and-raised New Orleanian. Sno Wizard isn't far enough from my apartment in [Uptown](#) to keep me from going on a regular basis. It's my new-found, cash-only, fountain of youth. And the \$10 we had between us made for a fine sampling of Sno Wizard's best magic tricks.



Thanks to Sno Wizard's website, you can peruse this list of flavors before leaving the AC and heading Uptown.

We started with a small chocolate cream sno ball with condensed milk. And then we stepped it up to two, yes, two large snothees.

Snothee?

The snothee is a magical creation that is a sno ball plus syrup plus soft serve ice cream blended all together. It's more than a sno ball but less than ice cream. The first straw pull from my nectar cream snothee WITH condensed milk was one of the finest moments I've had since I moved here. Sort of like my first ham po-boy from [Parkway](#) or my first spring afternoon spent at the bird rockery in [Audubon Park](#). This snothee was a life changer.



The sad look inside a half-eaten nectar cream snothee. This glass is half empty. My tummy was half full.

The second straw pull was from a cake batter cream snothee. This is a new flavor at Sno Wizard, written on the menu in Sharpie. My escort and I traded back and forth until both snothees were gone.

Let's just say they don't call it a Wizard for nothing.

After that, I had to rest for a while, directly in front of the air conditioner. But the next day I went back for another.

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